

TOM THUMB NURSERY AUTUMN/WINTER 24/25 MENU

Week one; 7/10, 21/10, 4/11, 18/11, 2/12, 16 /12, 30/12, 13/1, 27/1, 10/2, 24/2, 10/3 & 24/3.

Breakfast

Selection of Cereals, toast and fruit

Monday am & pm Snacks	Tuesday am & pm Snacks	Wednesday am & pm Snacks	Thursday am & pm Snacks	Friday am & pm Snacks
A choice of milk or water				
Crackerbread with cream cheese and apple slices	Rice cakes with chocolate spread and banana	Crackers with sliced cheddar and sliced peppers	Wholemeal toast fingers with butter and satsumas	Wholemeal pitta slices, cucumber sticks and tuna mayo dip

Monday Lunch	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch
Roast chicken, roast potatoes served With carrots, peas & green beans	Mixed bean tagine (peppers,beans & tomatoes) Served with vegetable cous cous	Greek lamb pasta melt (spinach & black olives) served with corn on the cobs	Lasagne (vegetarian mince, carrots, tomatoes & aubergine) served with a bread roll	Chicken and butternut squash risotto served with sweetcorn
Greek yoghurt with fruit puree	Semolina & fruity jam	White chocolate rice crispy cakes	Milky pudding	Bananas and custard

Monday Tea	Tuesday Tea	Wednesday Tea	Thursday Tea	Friday Tea
Slow cooker salmon & chunky vegetable pasta	Jacket potatoes with cheese & beans	Cheese and ham toasties	Cous cous with chicken	Slow cooker soup with a roll
Fromage Frais & a piece of fruit				

All meals are served with water, all meals are prepared and cooked from fresh on the premises by our, qualified and experienced cook and may be subject to change with no notice.

Any special dietary requirements can be catered for please note down all foods in question then speak to the cook to agree suitable alternatives, a detailed list of what foods are affected by the 14 allergens is available on request

TOM THUMB NURSERY AUTUMN/WINTER 24/25 MENU

Week two; 30/9, 14/10, 28/10, 11/11, 25/11, 9/12, 23/12, 6/1, 20/1, 03/2, 17/2, 03/3 & 17/3

Breakfast

Selection of Cereals, toast and fruit

Monday am & pm Snacks	Tuesday am & pm Snacks	Wednesday am & pm Snacks	Thursday am & pm Snacks	Friday am & pm Snacks
A choice of milk or water				
Wholemeal pitta slices, cucumber sticks with tuna mayo dip	Wholemeal toast fingers with butter and satsumas	Crackerbread with cream cheese and apple slices	Rice cakes with chocolate spread and banana	Crackers with sliced cheddar and slices peppers

Monday Lunch	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch
Macaroni cheese served with peas and broccoli	Chicken and vegetable curry (cauliflower, carrots & butternut squash) served with rice	Sardine Arrabbiata (peppers, tomatoes & carrots)	Bean and vegetable pie (carrots, tomatoes & beans)	Spaghetti Bolognese (beef mince, carrots, tomatoes & aubergines)
Chocolate cornflake and dried apricot cakes	Apple crumble & custard	Brioche bread and off butter pudding	Peach fool ripple	Apple and cinnamon cupcakes

Monday Tea	Tuesday Tea	Wednesday Tea	Thursday Tea	Friday Tea
Cous cous with chicken	Slow cooker soup with a wholemeal roll	Jacket potatoes with cheese and beans	Slow cooker chicken & chunky vegetable pasta	Cheese and ham toasties

Fromage Frais & a piece of fruit

All meals are served with water, all meals are prepared and cooked from fresh on the premises by our, qualified and experienced cook and may be subject to change with no notice.

Any special dietary requirements can be catered for please note down all foods in question then speak to the cook to agree suitable alternatives, a detailed list of what foods are affected by the 14 allergens is available on request